NORTH OF ENGLAND OPHTHALMOLOGICAL SOCIETY

Autumn Meeting

Convenors: Naadir Ansari & Gerry Jayamanne, Doncaster Royal Infirmary
Morning: Emergency Eyecare | Afternoon: The Consultant Journey
Tuesday 24th November 2026 | Mount Pleasant Hotel, Doncaster, DN11 0HW

Programme

Morning Session: Emergency Eyecare		
09.15	**Registration with tea, coffee and pastries at the Trade Exhibition and posters**	
09.45	**Welcome by NEOS President**	Mrs Yvonne D'Souza, Consultant Ophthalmologist, Manchester
09.50	**Emergency eye care:** Chairman's introduction to speakers	Mr Naadir Ansari, Consultant Ophthalmologist, Doncaster
09.55	What you always wanted to know about strokes but were afraid to ask	Dr Dinesh Chadha, Consultant Neurologist, Doncaster
10.20	The swollen disc- what do I do next?	Mr Greg Heath, Consultant Medical Ophthalmologist, York
10.45	*Questions*	
11.00	**Tea, coffee and biscuits at the Trade Exhibition and posters**	
11.30	**Emergency eye care:** Chairman's introduction to speakers	Mr Naadir Ansari, Consultant Ophthalmologist, Doncaster
11.35	Chemical injuries	Prof Harminder Dua CBE, Nottingham
12.00	Paediatric emergencies	Mr Jian Chew, Consultant Paediatric Ophthalmologist, Hull
12.25	*Questions*	
12.29	**Annual Video Competition**	**Introduced by Mr Steve Winder, Consultant vitreoretinal surgeon, Sheffield**
12.30	Slip, switch and success - lessons from my first GRT repair	Zeyad Al-Moasseb, ST7, Leeds Teaching Hospitals
12.35	Always Consider A Suprachoroidal Haemorrhage When the Eye Starts To "Misbehave"	Sarah O'Beirne, Sheffield Teaching Hospitals
12.40	Steady hands: A guide for ophthalmology residents to improve dexterity in the non-dominant hand	Hanan Shaheen, Sheffield Teaching Hospitals
12.45	Stumped by the Sclera: Managing a Deeply Embedded Wooden Fragment	Jennifer Utting, Rotherham General Hospital
12.50	**Lunch at the Trade Exhibition and posters**	

Afternoon Session: The Consultant Journey		
13.50	*NEOS Business Meeting and handover of NEOS presidency*	Mr Jon Bhargava, Hon Secretary, Chester
13.55	***NEOS prize-winners***	
14.00	**The consultant journey:** Chairman's introduction to speakers	Mr Gerry Jayamanne, Consultant Ophthalmologist, Doncaster
14.05	Getting a job	Mr Naadir Ansari, Consultant Ophthalmologist, Doncaster
14.20	Setting up a service	Mr Nadeem Ahmad, Consultant Ophthalmologist, Doncaster
14.35	High performance without burnout: the missing skill in medicine	Mrs Poonam Bagga, Consultant Ophthalmologist
14.50	Retirement	Mr Steve Charles, Manchester
15.05	*Questions and discussion*	
15.15	**Tea and coffee at the Trade Exhibition and posters**	

Quick-fire challenging cases		
15.45	**Quick-fire challenging cases**	Chaired by Mrs Deepali Varma, Consultant Ophthalmologist, Sunderland
15.45	Should I be worried?	Mrs Umi Harley, Consultant Ocular Oncologist, Sheffield
15.55	Grave Grave's to put you in the grave	Mr Pete Glasman, Consultant Oculoplastic Surgeon, Arrowe Park
16.05	Complex cataract: tips for safer surgery	Mr Jon Bhargava, Consultant Ophthalmologist, Chester
16.15	Lens trouble	Mr Steve Winder, Consultant Vitreoretinal Surgeon, Sheffield
16.25	Closing remarks	Mrs Deepali Varma, President of NEOS
16.30	**End**	

Thanks to the following companies for taking an exhibition stand at this meeting

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