

North of England Ophthalmological Society's spring meeting 2016

This much anticipated spring meeting on the theme of oncology was held at the Mount Pleasant hotel, a serene woodland location on the outskirts of Doncaster.

The meeting was convened by Mr Paul Rundle, Consultant Ophthalmologist, Sheffield and the annual free paper competition was moderated by Mr Steve Winder, Sheffield.

The first session on the theme of ocular surface tumours was delivered by Professor Ian Rennie of Sheffield, with an overview of conjunctival tumours. Various pigmented and nonpigmented conjunctival lesions were covered and importantly the suspect features that distinguish conjunctival melanoma from nevi. The notable learning point was the importance of not performing a biopsy or excision of the lesion, as this was associated with poorer outcomes but rather, to refer a suspect lesion.

Mr Paul Rundle completed the first session with the use of topical chemotherapy, their indications, use as primary and adjuvant agents and the regimens employed. After a coffee break at the trade exhibition, Mr Paul Rundle presented a number of interesting and challenging clinical cases with ocular tumours, including the use of photodynamic therapy and proton beam as treatment modalities.

The free paper competition provided a good variety of well-presented papers with the two prizes of £250 for the best free papers going to Dr André Grixti, who presented a case of lacrimal gland marginal zone lymphoma with amyloid deposition, and Dr Weijen Tan on early



onset sclero-choroidal calcification with vitamin D deficiency.

After lunch and a chat with the many trade exhibitors, the delegates were treated to a session by Dr Hardeep Mudhar, Consultant Ocular Pathologist, who narrated an account of the 'specimen journey'. He stressed the importance of correctly processing biopsy samples, and the use of diagrams and specimen markers to aid the pathologist. A pertinent point was that a pathology request form was a legal document.

Mr Sachin Salvi of Sheffield, spoke on the spectrum of pigmented lesions, including indeterminate melanocytic lesions and the diagnostic tools available. Of particular note were the differentiating characteristics of a melanoma and whom to refer.

A presentation by Sister Rhona Jacques from Macmillan Support was particularly welcomed and served as a clear reminder of the importance of a correct approach to breaking bad news.

Date: 15 March 2016
Venue: Mount Pleasant Hotel, Doncaster, South Yorkshire, UK
Report by: Javid Suleman, Specialty Trainee, Northern Deanery.

The coveted PJ Hay Memorial Lecture was delivered by Mr Mandeep Sagoo, Moorfields Eye Hospital, on the topic of paediatric ocular oncology. A comprehensive review of this topic was skilfully presented with an emphasis on retinoblastoma, including current treatment strategies, and findings from recent studies.

To end a fantastic day of learning, meeting friends and exhibitors, the PJ Hay Medal was presented to Mr Sagoo by the NEOS president Mr Kasra Taherian.

The next NEOS meeting will be in Newcastle on 15 June 2016.

#eyenews

Tweeting from an #ophthalmology conference?
 Include #eyenews in your tweets and
 we may include them in our digital/print reports.



Find out if your tweets have made our reviews at
<https://storify.com/EyeNewsMag>